

WINTER

2025 PROGRAMS



How to Register



IN PERSON

At Sturgeon County Family and Community Support Services Office (9608 100 Street, Morinville) during regular business hours (8:30 AM to noon and 1:00 – 4:30 PM)



ONLINE

www.SturgeonCounty.ca/Programs

You will need to create an account to register online. You'll be asked to input your name, address, and phone number. The online profile stores your registration history and receipts.



BY PHONE

Call 780-939-8334

Payments can be made by credit card.

Questions about programs?

Need help or have questions?

Give us a call at 780-939-8334 or email us at programs@sturgeoncounty.ca

Withdrawal Policy

Requests to withdraw from a program can be sent by email to programs@sturgeoncounty.ca.

Credits will be issued for withdrawals received with 10 business days notice before the program start date. Requests to withdraw from a class received with less than 10 business days notice will not be subject to any credits. Credits do not expire.

Refund Policy

There will be no refunds issued unless there is a medical reason or if Sturgeon County cancels a program. Refunds, if you qualify, will only be available for any program \$20 or higher. Anything lower will be applied as an account credit.



Don't forget!

Unless otherwise stated, registration is required for all Sturgeon County programs

Let's Stay Connected

Download the Sturgeon County app

Search "Sturgeon County" in your app store to download. Turn on notifications to get access to news, contacts, online services, permits, applications and more! Learn more at Sturgeoncounty.ca/App.



Follow us on social media

Follow Sturgeon County on your favourite social media channels.



@SturgeonCounty

Subscribe to our email newsletters

Subscribe to our daily or weekly email newsletters to get news and project updates delivered to your inbox. Get details at SturgeonCounty.ca/Subscribe



Early Childhood Programs

All About Play

This two-day a week program uses theme-based play activities that support early childhood social development, communication, and language skills. Children will be taught their shapes, colours, numbers, and letters. This is an excellent program to get children socialized and used to a school-based setting.

WINTER SESSION 1

Location: Calahoo Hall

Date: Monday and Wednesday, January 13 to March 19

No class on February 17

Time: 9:00AM – 11:30AM

Age: 3 – 4

Fee: \$190.00

WINTER SESSION 2

Location: Cardiff Hall

Date: Tuesday and Thursday, January 14 to March 20

No class on February 18

Time: 9:00AM – 11:30AM

Age: 3 – 4

Fee: \$190.00

SPRING SESSION 1

Location: Calahoo Hall

Date: Monday and Wednesday, March 31 to June 18

No class on March 21, May 19

Time: 9:00AM – 11:30AM

Age: 3 – 4

Fee: \$220.00

SPRING SESSION 2

Location: Cardiff Hall

Date: Tuesday and Thursday, April 1 to June 19

No class on March 22, May 20

Time: 9:00AM – 11:30AM

Age: 3 – 4

Fee: \$220.00

ABC-123

This two-day a week, session-based play program uses free-play, centre-play, games, stories, crafts, and songs to stimulate children's early development. Each week incorporates a theme of a letter and a number, and children begin to learn the concepts of letter and number recognition. This is an excellent program to assist children in developing independence and socialization skills needed for entering a school environment. Children should be old enough to enter Kindergarten the following year.

Note: If your child is not yet 4, but is entering Kindergarten the following year and would like to attend our ABC-123 program, please call our office at 780-939-8334 for assistance.

WINTER SESSION 1

Location: Calahoo Hall

Date: Monday and Wednesday, January 13 to March 19

No class on February 17

Time: 12:00PM – 2:30PM

Age: 4 – 5

Fee: \$190.00

WINTER SESSION 2

Location: Cardiff Hall

Date: Tuesday and Thursday, January 14 to March 20

No class on February 18

Time: 12:00PM – 2:30PM

Age: 4 – 5

Fee: \$190.00

SPRING SESSION 1

Location: Calahoo Hall

Date: Monday and Wednesday, March 31 to June 18

No class on April 21, May 19

Time: 12:00PM – 2:30PM

Age: 4 – 5

Fee: \$220.00

SPRING SESSION 2

Location: Cardiff Hall

Date: Tuesday and Thursday, April 1 to June 19

No class on April 22, May 20

Time: 12:00PM – 2:30PM

Age: 4 – 5

Fee: \$220.00

Busy Bags

Looking for fresh stories or fun literacy-based activities for your child? Our early literacy Busy Bags are filled with books, games, and hands-on activities designed to engage young minds. Available for a two-week loan, these themed kits cater to various age groups and provide hours of family fun.

Location: Sturgeon County FCSS Office, 9608-100 Street, Morinville

Date: Monday to Friday, Year-round

Time: 8:30AM - 4:00PM

Ages: 0-8

Fee: Free (Registration Required)

Contact: Email edavies@sturgeoncounty.ca

Silly Sprouts

We are partnering with the Fort Saskatchewan/ Sturgeon Region Family Resource Network (FRN) to bring you this FREE, drop-in, facilitated program for caregivers and their children aged 0-6 years old. Join us for songs, rhymes, stories, and time to play. Coffee and snacks provided. Questions? Call 780-998-5594

Location: Cardiff Hall

Date: January 13, 20, 27 February 3, 10, 24 March 3, 10, 17, 31. No class on February 17 or March 24

Time: 9:30AM - 11:00AM

Fee: Free (Registration Required)

Calahoo Hall Play Mob

Are you ready for a morning full of excitement, laughter, and creativity? Bring your kids to our Play Mob event for an unforgettable experience! This event is designed for children of all ages and their families to enjoy a variety of interactive and engaging activities.

Location: Calahoo Hall

Date: Thursdays, February 20

Time: 9:00AM - 11:00AM

Fee: Free (Drop-in)

Location: Calahoo Hall

Date: Thursdays, March 20

Time: 9:00AM - 11:00AM

Fee: Free (Drop-in)

Youth Programs

Spring Break Rec Day

Join Sturgeon County and the Edmonton Garrison for a day of family-friendly recreation and fun! The morning kicks off with an active sports program featuring a variety of activities to get everyone moving and engaged. In the afternoon, cool off with a relaxing Family Public Swim, perfect for all ages to enjoy some time in the water together. It's a full day of connection, activity, and fun for the whole community!

Spring Break Rec Day - Sports Camp

Programming as part of Spring Break Rec Day.

Location: Edmonton Garrison Fitness Centre

Date: Wednesday, March 26

Time: 9:00AM - 12:00PM

Ages: 10 -15

Fee: Free (Registration Required)



Spring Break Rec Day - Family Public Swim

Programming as part of Spring Break Rec Day.

Location: Edmonton Garrison Fitness Centre

Date: Wednesday, March 26

Time: 1:00PM - 4:00PM

Ages: All Ages (restrictions apply)

Fee: Free (Drop-In)

Before attending, please read all Aquatic Facility rules and guidelines here: cfmws.ca/edmonton/facilities/fitness-centre



Spring Break Sturgeon Youth Day

Join Sturgeon County and the Town of Morinville for an exciting Spring Break event, taking our partnership to the next level! A full day of FREE activities throughout the day with lunch and snacks provided. Take part in fun crafts, recreational activities, and chances to win prizes.

Location: Morinville Leisure Centre

Date: Friday, March 28

Time: 11:00AM - 4:00PM

Ages: 17 and under

Fee: Free (Drop-in)



Morinville

Rock Climbing for Wellness

Experience the thrill of rock climbing while learning valuable mental health skills in a fun, supportive environment. This inclusive program is open to all genders, inviting everyone to scale new heights and build resilience together.

AGES 8 - 10

Location: Edmonton Garrison Fitness Centre
Date: Saturday, April 12
Time: 9:00AM - 11:00AM
Fee: \$5

AGES 10 - 12

Location: Edmonton Garrison Fitness Centre
Date: Saturday, April 12
Time: 11:30AM - 1:30PM
Fee: \$5

AGES 12 - 15

Location: Edmonton Garrison Fitness Centre
Date: Saturday, April 12
Time: 2:00PM - 4:00PM
Fee: \$5

Fearless Youth: Bring on the Outdoors

Join Fearless in the Forest as part of Youth Week on Star Wars Day and enjoy a variety of exciting outdoor forces and activities! Experience group games and multiple stations where the outdoors meets learning, skill development, science, and fun! Snacks, drinks and a BBQ Lunch will be provided.

Location: Cardiff Park
Date: Sunday May 4
Time: 10:00AM - 3:00PM
Ages: 10 - 15
Fee: \$10



Youth Learn to Pickleball

As part of Youth Week 2025, this "Learn to Pickleball" workshop is where you'll discover the joy of one of the fastest-growing sports in the world!

Location: RQB Arena Gym
Date: Tuesday, May 6
Time: 5:30PM - 8:30PM
Ages: 10 - 15
Fee: \$5

Youth Week Paint Night

Celebrate Youth Week with Sturgeon County's Youth Paint Night! This event honors the contributions and achievements of local youth. Join us for a relaxing evening of creativity.

Location: FCSS Hub
Date: Thursday, May 8
Time: 6:00PM - 8:00PM
Ages: 10+
Fee: \$5

Youth Leadership

Youth Leadership empowers young people to drive positive changes in their communities through volunteerism and teamwork. Participants gain valuable skills, engage in social activities, and attend personal development sessions, building leadership skills for resumes and scholarships. Meetings are held monthly, along with skill-building sessions and volunteer activities.

Location: Military Family Resource Centre, Mons Ave #161, Lancaster Park
Date: First Monday of the month (January 6, February 3, March 3, April 7, May 5, June to be determined)
Time: 6:00PM - 7:30PM
Ages: 12 - 19
Fee: Free (Registration Required)

**REGISTER
ONLINE**



Sturgeoncounty.ca/Programs

Create a user account to register and pay for courses online.

Hug-a-Tree and Survive

This Adventure Smart program teaches children survival skills for the outdoors, including what to do if they get lost. Children will learn how to stay safe by hugging a tree and staying in one place. A brief walk through the river valley follows the presentation.

Location: Gibbons Cultural Centre

Date: Saturday, June 7

Time: 1:00PM - 3:00PM

Ages: 7+

Fee: \$5 per family

Babysitting Course

Become a certified babysitter! These comprehensive babysitter safety courses are designed for youth aged 11.5 and older, equipping them with essential skills and knowledge to confidently and safely care for children. These courses cover a range of topics, including basic childcare, emergency response, first aid, and effective communication with both children and parents. Check out the various courses being offered throughout the region and take the first step toward becoming a trusted and responsible babysitter!

Location: RQB

Date: Friday, January 31

Time: 9:00AM - 3:00PM

Ages: 11.5+

Fee: \$40

Register: sturgeoncounty.ca/programs

Location: Morinville Community Cultural Centre

Date: Thursday, February 6

Time: 10:00AM - 4:00PM

Ages: 12 - 15

Fee: \$45

Register: morinville.recdesk.com/Community/Program

Location: Gibbons Cultural Centre

Date: Monday, March 10

Time: 9:00AM - 3:00PM

Ages: 11.5+

Fee: \$50

Register: gibbons.ca/register

Home Alone

Is your child ready to stay home alone? Help your child prepare for independence with this interactive training program that teaches safety, first aid, and comfort skills through games and role-playing. This course will help your child build confidence while providing peace of mind for parents and caregivers

Location: Morinville Community Cultural Centre

Date: Friday, February 7

Time: 10:00AM - 2:00PM

Ages: 10 - 12

Fee: \$30

Register:

morinville.recdesk.com/Community/Program

Location: RQB Meeting Room

Date: Monday, June 2

Time: 9:00AM - 3:00PM

Ages: 11.5

Fee: \$20

Register: sturgeoncounty.ca/Programs

Adult General Interest - Ages 16+

Learn to Pickleball

(2 separate sessions)

This "Learn to Pickleball" workshop is where you'll discover the joy of one of the fastest-growing sports in the world! Pickleball is a fantastic way to stay active, socialize, and have fun on the court. Whether you're new, a beginner or looking to refine your skills, this workshop is perfect for you.

Location: RQB Arena Gym

Date: Tuesday, January 7

Time: 5:30PM - 8:30PM

Fee: \$5

Location: Legal School, 5122-46 street

Date: Tuesday, May 13

Time: 5:30PM - 8:30PM

Fee: \$5

Rock Painting

Join us for a creative session of rock painting, a relaxing activity that promotes wellness and community connection.

Location: FCSS Hub
Date: Wednesday, March 12
Time: 6:30PM - 7:30PM
Fee: \$5

Location: Calahoo Community Hall
Date: Thursday, April 10
Time: 6:30PM - 7:30PM
Fee: \$5

Location: Cardiff Community Hall
Date: Tuesday, May 6
Time: 6:30PM - 7:30PM
Fee: \$5

Community Paint Nights

A fun and informal evening of painting.

Location: Coronado Hall
Date: Tuesday, April 8
Time: 6:00PM - 8:00PM
Fee: \$10

Location: Namao Hall
Date: Thursday, April 24
Time: 6:00PM - 8:00PM
Fee: \$10

Adult Fitness - Ages 16+

Fit Flow

Join us for an invigorating fitness class that combines 30 minutes of strength training and 30 minutes of yoga. Build strength, improve flexibility, and find balance in a welcoming environment suitable for all fitness levels.

Location: RQB Gym
Date: Mondays, January 6 - February 10
Time: 7:00PM - 8:00PM
Fee: \$60

Barre in Barre

Refine your strength and posture with this 45-minute Barre class, a low-impact yet high-intensity workout blending ballet, Pilates, and yoga. Limited to 8 participants for a personalized and engaging experience.

Location: RQB Classroom (West Entrance)
Date: Thursdays, January 9 - February 6
Time: 8:45AM - 9:30AM
Fee: \$50
Note: Spots are limited, register early.

Location: RQB Classroom
Date: Thursdays, February 20 - March 20
Time: 8:45AM - 9:30AM
Fee: \$50
Note: Spots are limited, register early.

Gardening

Futureproofing the Garden

Learn about pest prevention and how to support plant health through soil care.

Location: FCSS Hub
Date: Thursday, March 13
Time: 6:00PM - 8:00PM
Ages: 16+
Fee: Free (Registration Required)

Setting Up Your Veggie Garden for Success

This workshop covers seed starting, direct sowing, and nurturing nursery plants.

Location: FCSS Hub
Date: Thursday, April 10
Time: 6:00PM - 8:00PM
Ages: 16+
Fee: Free (Registration Required)

Winter Wellness

- Ages 16+

Mindful Meditation

Meditation reduces stress, enhances mood, and promotes healthy sleep. Join us to learn basic mindfulness and meditation skills.

Location: FCSS HUB

Date: Wednesday, January 15

Time: 6:30PM - 7:30PM

Fee: Free (Registration Required)

Location: Namao Hall

Date: Tuesday, January 28

Time: 6:30PM - 7:30PM

Fee: Free (Registration Required)

Building Confidence in Everyday Conversations

This interactive 4-part workshop series is aimed at empowering women to communicate confidently and effectively in their daily interactions. The series will focus on developing four key communication skills: presence, articulation, rapport, and assertiveness. Participants will learn how to express their thoughts and ideas clearly, handle challenging conversations, advocate for their needs, and foster meaningful relationships with others.

Location: Sturgeon County FCSS Office, 9608-100 Street, Morinville

Date: Tuesdays, January 28, February 4, 11, and 18

Time: 6:00PM - 8:00PM

Fee: \$40.00

Sound Bathing

Relax with sound waves from traditional crystal bowl instruments, a technique that can help relieve stress and fatigue.

Location: FCSS Hub

Date: Wednesday, February 12

Time: 6:30PM - 7:30PM

Fee: Free (Registration Required)

Wild Calm Forest Therapy Walk

Join a slow, guided walk in the woods to connect with nature and enjoy health benefits like stress reduction and mood improvement.

Location: Boisvert's Greenwoods, Sturgeon County

Date: Saturday, May 24

Time: 1:00PM - 3:00PM

Fee: Free (Registration Required)

ASIST (Applied Suicide Intervention Skills Training) (Ages 18+)

Applied Suicide Intervention Skills Training (ASIST) is a two-day workshop designed to help family, friends, and community members identify someone at risk of suicide and provide them with the skills needed to make a life-saving intervention. The ASIST workshop is highly interactive, practical and practice oriented. It focuses on teaching suicide first-aid to help a person at risk stay safe and seek further help. You do not need any formal training to attend the workshop.

This training is not recommended for anyone that has had a recent suicide loss.

Location: Clarke Room, Sturgeon County Protective Services, 54509 Range Road 252, Sturgeon County

Date: Thursday, May 15 and Friday, May 16

Time: 8:30AM - 4:30PM

Fee: \$50.00

Dog Off-Leash Areas

Off-leash areas are surrounded by a 4' fence with a double gate at the entrance. Inside there are benches, trash cans, and bags for picking up after your pet.

Bellerose Park

54311 Bellerose Drive, Sturgeon County

Cardiff Park

25023 Township Rd 554, Sturgeon County

Reminders:

- The park gates automatically close at 11 PM
- The dog off-leash areas are not supervised.
- Dog owners are reminded that dogs are required to be on leash when inside subdivisions and hamlets.

Family Programs

Soup for the Soul

Inspired by the Stone Soup story, this event celebrates community through a shared meal where everyone contributes an ingredient. Sign up for one session, or for all! ***All sessions are family friendly.***

Location: Calahoo Community Hall
Date: Thursday, January 23
Time: 10:00AM - 1:00PM
Fee: Free (Registration Required)

Location: Cardiff Community Hall
Date: Wednesday, February 5
Time: 10:00AM - 1:00PM
Fee: Free (Registration Required)

Location: Coronado Community Hall
Date: Thursday, February 13
Time: 10:00AM - 1:00PM
Fee: Free (Registration Required)

Location: Namao Hall
Date: Wednesday, February 19
Time: 10:00AM - 1:00PM
Fee: Free (Registration Required)

Family Day Soap Stone Carving

In this workshop, participants will learn about the history and makeup of soapstone. They will partake in the process of carving, sanding and polishing their own creations!

Facilitator: Sarah Hall
Location: Sturgeon County FCSS
Date: Monday, February 17
Time: Anytime between 1:00PM - 5:00PM
Ages: Family Friendly
Fee: Registration Recommended, Drop-Ins Welcome

Bird Walk

Explore Lois Hole Centennial Provincial Park with a guide from Wild Birds Unlimited and observe the spring migration of birds. Over 235 species have been recorded at Big Lake, offering a fantastic wildlife experience.

Location: Lois Hole Centennial Provincial Park
Date: Saturday, May 3
Time: 9:30AM - 11:00AM
Ages: Family friendly
Fee: \$10 per family

Living Well

Walk and Talk Group

Join us for this informal program designed to bring our community together while enjoying the beauty of Sturgeon County's scenic paths. On a bi-weekly basis, we will gather for a walk where participants can connect, get active, and enjoy the refreshing outdoors. Whether you are looking to get outside, meet your neighbors, or enjoy a peaceful walk, this program offers a wonderful opportunity to connect with nature and your community. Please come dressed for the weather as we will walk rain or shine. We look forward to sharing this experience with you on the trail!

Please note we do not provide childcare. You are responsible for your children's supervision.

Date: Wednesdays, May 7, 21, June 4, 18.
Time: 9:00AM
Ages: All ages and stages welcome
Fee: Free (Registration Required)

Visit sturgeoncounty.ca/trails to find the trail we are meeting at in the region.



Important Numbers

Mental Health Helpline 1-877-303-2642

Addiction Helpline 1-866-332-2322

Kids Help Phone 1-800-668-6868

Suicide Crisis Helpline 988

Playground Pals

Looking for a space to connect with other parents and community members while your kids enjoy the outdoors? Join us for Playground Pals, a bi-weekly opportunity to nurture our well-being in nature. Our Community Social Worker is excited to host these casual meetups to provide outdoor fun, supportive conversations, and a safe place to build friendships!

Location: Your local Sturgeon County Playground

Date: Starting in June, over the course of 4 meet ups
Exacts locations and dates to be determined, follow our social channels for updates.

Counselling

Living Well Counselling Service is available at no-cost for Sturgeon County residents in our office, over the phone or in the community. Our Community Social Worker offers 6-8 solution focused sessions. You may call us for life issues such as general stress and anxiety, strategies to address problems in daily life, or approaches to improving your relationships and happiness. We also offer referrals to service providers/agencies for more intense circumstances outside of our scope.

www.sturgeoncounty.ca/counselling

Outreach

Our outreach program strives to provide compassionate and kind support to navigate government systems, healthcare, and comprehensive information for residents with aging parents to remain in home. Our Community Outreach workers can also assist with paperwork for Income Support or AISH, as well as the First Link referral program to the Alzheimer's Society of Alberta and NWT. Working with the Community Social worker to provide a hand up to build resiliency, we strive to assist residents in times of need as well connecting them to appropriate resources within as well as outside of our region.

Questions about any of our Living Well Services?

Email: Livingwell@sturgeoncounty.ca
Call 780-722-1479

Aging in Place

Sturgeon County values supporting seniors with their ability to live in their home and community as independently and safely as possible.

Sturgeon County provides programs to support essential needs which may include financial services, food security, home supports, information, education, advocacy, recreational activities, safety, and transportation.

Our Outreach Program can assist residents with addressing barriers and support well-being by accessing available resources.

Financial Assistance and Subsidy Programs

If you or someone you love is currently facing economic challenges and would like to access our programs, you can apply for financial assistance. We have two subsidy programs available; Sponsor a Child and an Adult Sponsorship Program.

Our Living Well Team offers supportive and confidential access to this program.

*We accept donations to this program all year round

Additional Resources Provincial & Federal Supports

Government Benefits Finder

There are many other federal and provincial support programs and funding opportunities available to Sturgeon County residents, including income support, AISH, and Legal Aid.

A guide to government benefits is available at www.benefitswayfinder.org

Alberta Health Services

Addiction and Mental health supports

For a listing of services in your area, visit www.ahs.ca/amh

What to Watch For

Play Like a Girl (Formerly Go Girl)

Date: June 14

More details to come! Follow our social channels for updates.

Go Organize Lunch and Learn sessions

Discover the secrets to simplifying your life with Go Organize! This workshop covers easy tips and tricks for decluttering, downsizing, and organization. Learn how to get organized when downsizing for life changes, how to handle sentimental items, how to manage and store photos and bills, when to ask for help, and much more.

Location: Villeneuve Athletic Club

Date: Wednesday, December 18

Time: 12:00PM - 2:00PM

Location: Gibbons Twilight Club

Date: Wednesday, January 22

Time: 10:00AM - 12:00PM

Location: Morinville Rendezvous Club

Date: Friday, January 31

Time: 10:00AM - 12:00PM

Location: Legal Club 60 Roses

Date: Wednesday, February 5

Time: 10:00AM - 12:00PM

Contact us for more information

Community Awareness Days

Pink Shirt Day

Promote anti-bullying awareness every February. Join us in wearing pink to show your support.

Ages: Family Friendly

Fee: Free (Registration Required)

Follow our social channels for event details.

Pride Week

Show support for Pride Week in Morinville and Gibbons.

Event details can be found on our social channels closer to Pride Week.

Earth Day

Watch our socials for more information.

Youth Week - May 1- May 7th

Red Dress Day - May 5th

Mental Health Week- May 13-19th

National Indigenous Peoples Day - June 21st

Seniors Week – June 2-8th

Keep an eye on our socials for further programming details for Seniors Week.



DID YOU KNOW?

We offer free counselling services for Sturgeon County residents.

[Sturgeoncounty.ca/FCSS](https://sturgeoncounty.ca/FCSS)

Partners in Recreation

Sturgeon County is committed to building a thriving and active community by providing residents with several options for low and no cost recreation such as trails, parks, and playgrounds. We also ensure that residents have full access to regional recreational programs, facilities, and services regardless of where they live.

Visit sturgeoncounty.ca/rec-partner

Sturgeon County residents are welcome to visit one of our partner facilities.

- Town of Bon Accord
- Town of Gibbons
- Town of Legal
- Town of Morinville
- Town of Redwater
- City of St. Albert
- Rivière Qui Barre Agriculture Society
- Sturgeon Agriplex Society
- Edmonton Garrison Fitness Society

Winter Roads

Sturgeon County crews continuously monitor, maintain, and clear the roads all winter long.

Winter is here and we need to adjust our driving habits for the changing road and weather conditions. While County crews are out plowing, grading, and sanding the roads, please be patient and allow our crews plenty of space to work.

What can you do to help keep operators and other drivers safe?

- SLOW DOWN.
- Watch for equipment turning.
- Flashing amber and red means snowplow ahead.
- Leave 15 metres between your vehicle and any equipment.

Do not pass a snowplow. Operators will pull over when it is safe to allow vehicles to pass. Plan your route and check for road closures or delays. Find up-to-date, province-wide information at 511 Alberta.

Follow these winter driving tips from Alberta Transportation.

Consider enrolling new drivers in Winter Driving School to help them stay safe on icy and snow-covered roads.

www.sturgeoncounty.ca/winter