Suicide Prevention Day

September 10, 2024

Proclamation

Whereas, World Suicide Prevention Day is internationally recognized on September 10th to raise awareness about suicide prevention, reduce stigma, and encourage individuals to seek help; and

Whereas, by educating, reaching out, and providing support, we can help reduce the number of lives lost to suicide and offer hope and healing to those affected; and

Whereas, Sturgeon County, through its Family and Community Support Services department, offers Applied Suicide Intervention Skills Training, which gives community members the knowledge and skills to identify those at risk of suicide and make life-saving interventions; and

Whereas, Sturgeon County also provides free Living Well Counselling Services for residents, offering support during stressful and challenging times.

Therefore, I, Alanna Hnatiw, Mayor of Sturgeon County, do hereby proclaim September 10 as Suicide Awareness Day in Sturgeon County.

On this day, we honour the memory of those who have lost their lives to suicide, extend our heartfelt condolences to their families and friends, and share our commitment to prevent future tragedies.

By recognizing Suicide Prevention Day, we affirm our commitment to building a thriving, healthy, and inclusive community where all residents feel safe, supported, and heard.



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Alanna Hnatiw Mayor, Sturgeon County