



Suicide Prevention Day

September 10, 2025

Proclamation

Whereas, September 10 is recognized worldwide as Suicide Prevention Day, a time to raise awareness, reduce stigma and encourage people to reach out for help; and

Whereas, by learning, connecting with others, and offering support, we can help prevent suicide and bring hope and healing to those who are struggling or grieving; and

Whereas, Sturgeon County provides residents with important supports such as Applied Suicide Intervention Skills Training and free counselling services, to help educate our community and promote life-saving interventions.

Therefore, I, Alanna Hnatiw, Mayor of Sturgeon County, do hereby proclaim September 10 as Suicide Prevention Day in Sturgeon County.

On this day, we honour the memory of those who have lost their lives to suicide, offer our deepest sympathy to their loved ones, and renew our commitment to preventing future loss.

By recognizing Suicide Prevention Day, we affirm our commitment to building a caring, healthy and inclusive community where all residents feel safe, supported and heard.



Alanna Hnatiw
Mayor, Sturgeon County