

Wear Red Canada Day

February 13, 2026

Proclamation

February 10, 2026

Whereas, heart disease is one of the main causes of death in Alberta and causes more early deaths among women in Canada than any other disease; and

Whereas, many cases of early heart disease can be prevented by making healthy choices and learning the warning signs, which can be different for women than men; and

Whereas, Sturgeon County is proud to provide a variety of fitness programming to help residents stay active and healthy;

Therefore, I, Alanna Hnatiw, Mayor of Sturgeon County, do hereby proclaim February, 13, 2026, as Wear Red Canada Day in Sturgeon County.

I encourage all County residents to take this day as an opportunity to learn about women's heart health and think about ways to work together in the community to prevent heart disease.



Alanna Hnatiw
Mayor, Sturgeon County